



## LIFE GROUP NOTES

Week Beginning: 21st April 2024



### Walk Humbly Micah 6:8 and Philippians 2:1-11

#### Warm Up

Why do you think humility is not a virtue that is sought after in the modern world today?

#### Background and context

In the final part of our study on Micah 6:8, Mishpat and Hesed (justice and mercy) are combined with humility to create a cord of three strands that is difficult to break! (Ecclesiastes 4:12). Whilst the original quotation refers to personal relationships strengthened by God, it has relevance here. Justice and mercy by themselves are good things, but when combined with a close walk with the Lord become a very powerful tool to change the world. In Philippians 2, Paul describes how our relationships should be and how we should mirror the attitude of Christ.

#### Thinking it through: Main discussion/activity



**READ Philippians 2:1-11.** What are the surprising things in the passage? What is new? What don't you really understand? This could be a time to discuss and share reflections and ideas on the passage or watch a Bible project type video that helps explain things.

1. **V 2-4.** How does Paul describe what our relationships with other believers should be like?
2. **V6-11.** What do we learn about the humility of Christ? What is the most striking thing?
3. Why are these verses so remarkable? Consider who Jesus is!
4. Paul says we are to have the same attitude as Christ. What does he mean by this?
5. **Read 1 chronicles 29:11, Psalm 8:3-4, Colossians 1:16.** Why should we be humble before God?
6. What would you consider to be the hallmarks of humility in a believer?

#### Application and discipleship



7. Why do we sometimes struggle to be obedient to God's word?
8. What do you understand by the idea of having a teachable spirit?
9. How hard do you find it to accept criticism or correction from scripture (**2 Tim 3:16**) and from elders or mentors in the church (**Gal 6:1**)?
10. How can we practise humility without striving to achieve it or believing we have it?

#### Try to leave 15-20 mins to talk about prayer needs of the group and to pray.



We want to encourage the development of prayer, to help everyone grow in confidence in praying. There are many creative ways of praying together: writing prayers, using candles as a focus, reading prayers or praying for each other in pairs.